

*Studio Energy & Motion  
Recital 2026*



*Wild & Free*

**May 2026**

**Newsletter**

**[www.studioeandm.com](http://www.studioeandm.com)**

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# Studio E & M News

## Important Dates

*5/1- Tuition Due*

*All Accounts Must be Paid in Full to  
participate in Recital*

*5/7-Recital Run Thru 5:30-ACHS-Change*

*5/8-Recital Dress Rehearsal-6:30 ACHS*

*Last day for free enrollment for summer/fall*

*5/9-Recital 2026-6:30pm Call Time*

*5/11-Sparkler Auditions begin*

*5/15-Sparkler Tuition Due*



## May Birthdays




*Brigid Nedreberg-5/5*



*Samia Lewis-5/7*

*Everly Mann-5/24*

# 2026 Recital- "Wild & Free"

## Wild & Free

Class/Teacher	Song	Costume	Shoes	Tights	Hair/Accessories
Sparkler Bigs-Casey	Turn It Loose		Black Jazz	Classic Pink	 Low Pony
Sparkler Mids-Casey	Wild Blue		Black Jazz	Classic Pink	Low Pony Middle Part
Sparkler Minis-Taylor	Wildflowers		none	Classic pink	Low pony middle part
Tap A/B-Casey	Born Free		Black tap	Classic Pink	Black booty shorts under skirt Low Pony Middle Part
Ballet A/B-Casey	Wild Horses		Pink Ballet	Classic Pink	Low Pony Middle Part
Pointe-Casey	Free Fallin'		Pink Pointe	Classic Pink	Low pony Middle Part

Beg/Hip Hop-Kate	Wild Side		Bare feet	None	Low Pony Middle Part
Jazz C/D-Kate	You Belong		Black Jazz	Classic Pink	Low Pony middle Part
Modern-Taylor	Free Bird		None	Classic Pink	Low pony Middle Part
Hip Hop-Taylor	Wild Wild West		None	Classic Pink	High Wasted Jean Shorts- Butts covered White Tank Bandana Low Pony Middle Part
Lyrical-Taylor	Free		none	Classic Pink	Low pony Middle Part
Musical Theater-Taylor	Breaking Free		Black/White Tennis shoes	Classic Pink	Black shorts underneath Low Pony Middle Part

Jazz A/B-Casey	Free Your Mind		Black Jazz	None	Black High waisted Leggings (skinny) Low Pony Middle Part
Adv/Combo-R obin	B-Free T-No Strings Attached J-Set it all Free		Pink Ballet Black Taps Black Jazz	Classic Pink	Hair Bun
Beg/Combo-R obin	B-Try Everything T-Wild & Free		Pink Ballet Black Tap	Classic Pink	Tap Ribbons Hair Bun
Int/Combo-Ro bin	B-Unwritten T-Life is Better Loud		Pink Ballet Black Tap	Classic Pink	Black Leggings for Tap Hair Bun
Tap C/D-Kate	Wild Things		Black Taps	Classic Pink	Low Pony Middle Part
Ballet C/D-Kate	Wild & Free		Pink Ballet	Classic Pink	Low Pony Middle Part

# Intensive Information

Teachers:

Edited Music and Costume Ideas Due May 8

Parents:

Payments due prior to the first day of Intensives. Summer and Fall Registrations must be submitted prior to the first day of Intensives

Sparklers: Ages 13 up

Mini Sparklers: Ages 6-12

Day	Time	Sparklers	Style	Minis	Style
5/11/26	5:15-7:30	Casey	Contemp-Lovely	Kate	Jazz-Word Up
5/13/26	5:15-7:30	Taylor	Jazz-Purple Hat	Casey	Tap-New Shoes
5/14/26	5:15-7:30	Casey	Tap-Lonely Boy	Taylor	Jazz-Hot Wings
5/18/26	5:15-7:30	Taylor	Jazz-Stop the Party	Taylor	Jazz-Stop the Party
5/20/26	5:15-7:30	Casey	Modern-TBD	Kate	Lyrical-The Old Therebefore
5/21/26	5:15-7:30	Auditions	All Teachers	Auditions	All Teachers

Regular Dance Attire for all days except audition days. Audition Days, Black Leotard, Pink Tights, Appropriate shoes, Hair in a proper bun. If you miss a day of intensives, this may or may not determine your status of selection for the team. However, you will definitely be eliminated from that specific dance as you will miss choreography. Therefore, you will not be allowed to audition for that dance.

# Summer Schedule

2026

Tentative Summer Schedule

June 8-July 16

## Big Studio

Monday	Tuesday	Wednesday	Thursday	Friday
		4:30-5:15 Leaps & Turns (Spark Req) Ms. Casey	5:45-6:15 Lyrical (Ages 7+) Ms. Kate	
	6:30-7:30 Tumbling (Age 4+) Ms. Taylor	5:15-6:00 Ballet A/B (Placement) Ms. Casey	6:15-6:45 Musical Theater (Ages 7+) Ms. Kate	
	7:30-8:00 (Mini Sparkler Req) Leaps & Turns Ms. Taylor	6:00-6:30 Pointe (Pointe Shoes) Ms. Casey	6:45-7:15 Hip Hop (Ages 7+) Ms. Taylor	
		6:30-7:15 Jazz A/B (Ages 8+) Ms. Taylor	7:15-7:45 Tap A/B (Placement) Ms. Taylor	
		7:15-8:15 Tumbling II (Ages 13+) Ms. Taylor		

## Little Studio

Monday	Tuesday	Wednesday	Thursday	Friday
		4:30-5:00 Tap C/D (Age 7+) Ms. Kate	5:30-6:30 (Ages 2-5) Beginning Combo Ms. Robin	
		5:00-5:45 Ballet C/D (Age 7+) Ms. Kate	6:30-8:00 (Ages 5-10) Int/Adv Combo Class Ms. Robin	
		5:45-6:15 (Age 9+) Pre-Pointe Ms. Kate	8:00-8:45 (Ages 15+) Pilates/Yoga Ms. Taylor	
		6:15-7:00 Jazz C/D (Age 7+) Ms. Kate		

# Next Year's Schedule

2026/2027

Fall/Spring Schedule

This is a Tentative Schedule and Changes May occur

Monday	Tuesday	Wednesday	Thursday	Friday
5:15-5:45 Tap A/B (Placement) Ms. Casey		4:30-5:15 Modern (Ages 12+) Ms. Taylor		
5:45-6:30 Ballet A/B (Placement) Ms. Casey		5:15-6:30 Sparklers Audition Only Ms. Casey	6:00-6:45 Lyrical (Ages 8+) Ms. Taylor	
6:30-7:00 Pointe (Placement) Ms. Casey		6:30-7:00 Hip Hop (Ages 9+) Ms. Taylor	6:45-7:15 Musical Theater (Ages 8+) Ms. Taylor	
7:00-8:00 Jazz A/B Placement Ms. Casey		7:00-8:00 Tumbling (Ages 9+) Ms. Taylor	7:15-8:15 Pilates/Yoga (Ages 15+) Ms. Taylor	

Monday	Tuesday	Wednesday	Thursday	Friday
4:30-5:30 Jazz C/D (Placement) Ms. Kate	5:15-6:00 Creative Movement (Ages 2-3) Ms. Robin	4:30-5:15 Modern (Age 6-11) Ms. Kate	5:30-6:30 Beginning Combo (Ages 3-4) Ms. Robin	
5:30-6:00 Tap C/D (Placement) Ms. Kate	5:45-7:15 Advanced Combo (Ages 6-9) Ms. Robin	5:15-6:15 Mini Sparklers Audition Only Ms. Taylor	6:30-7:45 Intermediate Combo (Ages 4-5) Ms. Robin	
6:00-6:45 Ballet C/D (Placement) Ms. Kate		6:15-6:45 Beginning Hip Hop (Ages 4+) Ms. Kate		
6:45-7:15 Prepointe* (Placement) Ms. Kate		6:45-7:45 Tumbling (Ages 4+) Ms. Kate		

\* Indicates no recital dance

# *Teacher Information*

*Intensive Music  
Edits to Ms. Casey by  
May 5<sup>th</sup>, 2026*